

Kleinmond Walks

The small seaside town of Kleinmond lies at the point where the Cape Folded mountains form a right-angle between the north-south ranges and those that run eastwards, parallel to the south coast of Africa. These mountains form a backdrop to the narrow coastal plain. The low, rugged sandstone mountain range and the plain that is traversed by short, swift- flowing streams together give rise to a biome that contains an exceptional diversity of flowering plants, collectively called fynbos.

Kleinmond's walks offer you the ideal opportunity to enjoy this diversity. Walk along the rocky coast in winter and spot whales blowing in the southern ocean. In summer dive into the inviting and refreshing clear brown Palmiet River. Traverse the network of paths into the mountains to explore the fynbos.

The map sets out the approved routes on the mountain slopes and coast. Parking areas are indicated on the map. The paths are intended for hikers only. No bikers allowed!

A few reminders before you set out:

- Your use of the walks is at your own risk.
- Always tell a responsible person your intended route and stick to your plan. It's best not to hike alone. Take a cell phone (but coverage is poor on the western side).
- Wear suitable footwear, as the paths are rugged.
- Wear suitable clothing, including a hat. Take a warm top.
- Start early and take drinking water with you.
- No smoking or fires are allowed.
- Do not leave the paths or take short cuts.
- Go quietly. Do not disturb the birds, beasties and other hikers.
- It is strictly forbidden to pick flowers, damage plants or collect seed. Constructive feedback is welcomed.

Enjoy your walk!

Hangklip-Kleinmond Tourism Bureau, Protea Centre 028 271 5657

Description of paths

(Note: path markers on the trails correspond with the numbers in this pamphlet)



contour path. Turn right onto the contour path for ± 500m to the jeep track. Cross the jeep track and continue via the little wooden bridge. The path continues for another ± 1.1 km and then loops back on itself. Follow the same route back to 4th Street.

Alternative route from golf club parking area

The average walking time to Hanneshoek will be shortened by \pm 40 minutes and the total distance shortened by \pm 1.4 km.

Park at the golf course parking area. The path starts from the northwestern corner – top left, as you face the mountain. After \pm 190m the path crosses a minor pathway and immediately thereafter joins the contour path. Turn right onto the contour path which soon crosses the jeep track. From here follow the Hanneshoek route described above.

2. Jean's Hill direct

Average walking time: ± 1 hour (total). Distance to the top & back: 2.2 km. Start from the parking spot at the top of 4th Street. Follow the wood-chip paved path up to the contour path. Turn left; follow the contour path for 200m before turning uphill at the Jean's Hill sign post (leave the contour path). The path leads steeply up to a nek or saddle where it divides into three paths: left to Three Sisters, right to the top of Jean's Hill and straight ahead, down to the old reservoirs. Follow the short scramble (150m) to the right to the highest point on Jean's Hill (189m above sea level)

Alternate route down

Average additional walking time: ± 25 minutes. Additional walking distance: ± 600m.

From the top of Jean's Hill return to the nek where the path divides; turn right. Follow the path to below the old reservoirs, where it joins a dirt track. Follow this track for 200m down to

the contour path. Turn right; continue for 500m to where the 4th Street path joins it. Continue down the path to the top of 4th Street.

3. Three Sisters (main peaks)

Average walking time: 5 to 6 hours (total). Total distance: ± 8.5 km The route is strenuous and has one moderately dangerous (not difficult) section. Only attempt this route on a

clear, windless day. Take the path to Jean's Hill (No 2 above). At the nek take the path ascending to the left and keep to the well-worn pathway that follows

the water shed or ridge of the mountain. There are occasional yellow 'footprint' markers where the path is not so clear. Look out for small stone cairns. Take special care where the path leads left and upwards on the Kleinmond side of Sandown Peak (moderate exposure). The path continues around Sandown Peak and then follows the Knife Edge ridge. After leaving the Knife Edge the path veers upwards to the right. The ascent becomes steeper, moving to the right and upwards until it reaches a high saddle. You can turn left to summit the lower peak, but the main path continues upwards to the right and then, via two rocky outcrops (The Pimples) (don't miss the path here!), it ascends a short steep section to the main beacon, 634m above sea level. The path leads onwards down towards the north-east. The going is initially difficult with loose stones in the path, but becomes easier as you reach the contour path. Turn left to follow the contour path all the way back to where the Fourth Street route joins the path.

4. Fairy Glen to Feëtjiesbos: Short Route

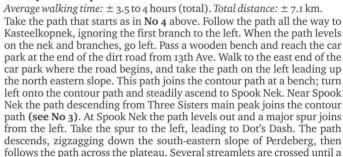
Average walking time: ± 45 min. Distance: 1.75km

From midway into the Fairy Glen picnic area take the path that starts under the trees east of a gate and jeep track on your left. Follow the slowly ascending, winding route until the path branches to the left. The main path ascends steeply towards Kasteelkopnek; turn left onto the branch. The path crosses a stream and slowly ascends to the left. Continue via a weir to join the Klipspringer path descending from the plateau. Turn left downhill until you meet a jeep track. Cross the jeep track, pass a bench and continue along the path through Feëtjiesbos to exit near the water works pump station. Use the dirt road back to Fairy Glen, past the toilets. A short-cut can be taken by turning left onto the jeep track. Follow the road back to the picnic area – this eliminates the Feëtjiesbos section.

5. Fairy Glen to Escarpment

Average walking time: ± 2.5 to 3 hours (total). Total distance: ± 4.3 km. Take the path that starts as in No 4 above. Continue up to where a branch joins from the left. Keep to the right and zigzag steeply up the slope towards Kasteelkopnek. Where the path starts levelling off, go left. Continue past a bench to the parking area at the end of the dirt road from 13th Ave. Follow the track that leads off left (north-west) of the parking area. It eventually veers left and after some distance narrows to a footpath. After crossing a long footbridge the path follows the escarpment; it continues to a short bridge over a second stream. 250m later the path meets the Klipspringer route to Feëtjiesbos and Fairy Glen. The path to the right leads to Dot's Dash and Spook Nek; turn left, descending to join the Fairy Glen to Feëtjiesbos Short Route path (No 4), on the way down to Feëtjiesbos. Cross the jeep track and continue via Feëtjiesbos, the pump station and toilets to the Fairy Glen picnic area. Short cut as in No 4 above.

6. Fairy Glen to Spook Nek



path branches to the left. Take this path to the point where the Klipspringer and Escarpment paths join. Descend via Klipspringer, cross the jeep track to Feëtjiesbos, the pump station and toilets to arrive at the Fairy Glen picnic area. Short cut as in No 4 above.

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Average total walking time: ± 5 to 6 hours. Total distance: ± 12 km.

Follow the path to Spook Nek as described in No 6 above. Once on Spook Nek, the path continues straight past the Dot's Dash turn-off and gradually becomes steeper as it

rounds the mountain. Near the top the path passes through a prominent stone 'gateway'. From here the ascent is less steep and shortly the path reaches the Tjunction with the Highlands-Perdeberg Trail. Turn left towards Perdeberg (to turn right to Highlands you require a permit from

Kogelberg Nature Reserve). The path leads up to the Perdeberg plateau, over the highest point above sea level (679m), then continues on level ground past the second Highlands Trail turn off to the right. The path ends at the Perdeberg lookout point where there is a stone cairn. The descent to Spook Nek is along the same path. At Spook Nek you have a choice of going down Dot's Dash and the Klipspringer path, or returning via the same route as your ascent (the contour path to the bench and then right to Kasteelkopnek and Fairy Glen). Other routes are possible between Fairy Glen and Spook Nek, but the path from Spook Nek to Perdeberg Peak as described above is the only one permitted. At present no permit is required when this route is strictly adhered to.

8. Fairy Glen to Palmiet parking area

From the road entrance to the Fairy Glen picnic area follow the dirt road leading past the toilets and towards the water pump station. Opposite the toilets turn left onto the path that leads down to the river and passes

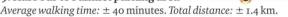
Average walking time: \pm 45 min (total): Total distance: \pm 2.2 km

under the main road R44 bridge (in 2014 the footbridge under the bridge was scheduled for repair). Alternatively cross the R44 opposite the Fairy Glen entrance and take the steps leading down to the eastern river bank and path. The path continues down the eastern bank of the Palmiet river. After about 385m a short path turns to the right to a good picnic spot on

The main path continues, winding along the river bank and eventually crossing a dirt road. Continue on the other side and cross the tarred road opposite the parking area near the Palmiet caravan park entrance. This is the start of the wooden boardwalk known as the 'Plankiespad' that follows the coast to the harbour.



9. Harbour to Palmiet parking area



The coastal footpath from the Kleinmond beach in the east to the Palmiet parking area skirts the harbour. The harbour, with ample parking, is a convenient point of access. The coastal footpath crosses the harbour slipway; move to the right, facing the sea, to find the path that leads to the Palmiet parking area. After a short distance the path joins Marine Avenue. After ± 200m on Marine Avenue the footpath starts beyond a parking area. Follow the route past the last houses on the right to join the wooden boardwalk (the 'Plankiespad'). This path ends just metres from three memorial crosses (Gustav Adolf memorial

to Gjeruldsen, Perkins and an unknown ISBN 978-1-920377-21-2 sailor). Beyond the crosses, take the boardwalk to the right which leads up to the Palmiet parking area.

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10. Harbour to Kleinmond Lagoon

Average walking time: 1 hour 30 minutes. Distance: \pm 2.6 km.

Take the footpath on the east side of the harbour slipway. Halfway along the boardwalk, stone steps to the right ascend between the rocks. The path then turns right towards the sea to join the coastal path. Follow the Frank Robb Walkway along the coast. Just before the beach the path veers left and enters the beach and lagoon parking area.

A combination of 9 and 10 comprises the entire coastal path and can be hiked entering either from the Kleinmond beach or Palmiet parking area. Average total walking time: ± 2 to 3 hours. Total distance: ± 4 km.

11. Wesbank roundabout



Average total walking time: 2.5 to 3 hours. Total distance: \pm 4.6 km.

Park at Fairy Glen and walk back to the main road (R44). Cross the road and follow it over the road bridge. Beyond the bridge, follow a wide cement drainage channel parallel to the road for \pm 65m. The footpath starts on the left. Follow the path that runs along the western bank of the Palmiet River all the way to the mouth. Be careful not to lose the path when it enters the rocky area near the mouth. The route over the rocks is indicated by yellow 'footprints'. The path continues along the coast to the right of the mouth and meets a jeep track. Turn right onto the track and follow it towards the sewerage works pump station. The entrance of the return footpath is just before you reach the sewerage works, to the right of a gate in the road. Follow this path down towards the river to re-enter the path along the western bank. Walk back to the road bridge and the Fairy Glen parking area.

12. Fairy Glen: Rock faces on Kasteelkop

Follow the footpath to the right of the Kleinmond side of the Fairy Glen parking area, which leads upwards towards Kasteelkop. The crags on the hill directly above Fairy Glen picnic site are well known climbing routes, and range from fairly easy to very difficult. Castle Rock, the most distinctive landmark on the hill, provides many of the climbs, as does the adjacent ridge. There is a middle tier of rock routes slightly lower down and directly below Castle Rock, and a lower tier below this.

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